

PERSONAL AND BUSINESS GOALS WORKSHEET

by Beth Armknecht Miller



The act of writing and communicating your SMART goals will supercharge you to get them done.

	SMART Description: Who, What, Where, When, Why, Which	Due Date	Energy Level	How will it be measured?	Have you done something similar OR what conditions, resources will you need to make it happen?
Business Goal #1					
Business Goal #2					
Business Goal #3					
Personal Goal #1					
Personal Goal #2					
Personal Goal #3					